

Mapping a Community-Wide Approach to Youth Suicide Prevention

Types of Strategies					
		<u>Well-Being Promotion:</u>	<u>Education & Early Detection:</u>	<u>Risk Assessment & Treatment:</u>	<u>Postvention & Bereavement:</u>
		Promoting Youth Resilience and Strengthening Social Environments	Improving Recognition and Promoting Awareness	Working with Individuals and Groups at Known Risk	Assisting After a Suicide
Primary Focus		Whole Populations	Potential Interveners	Individual/Groups at Risk	Survivors of Suicide
Groups and Settings	Youth	<u>Positive youth development</u> <u>Youth skill building</u> <u>Youth participation & engagement</u>	<u>Youth education about suicide</u>	<u>Promising psychosocial treatments</u> <u>Therapeutic alliance</u> <u>Risk assessment & documentation</u> <u>Crisis response & safety planning</u>	<u>Reducing risks for contagion</u> <u>Supporting youth survivors</u>
	Parents and Families	<u>Parent/family support and skill development</u>	<u>Parent education about suicide</u>	<u>Parent involvement in treatment</u> <u>Family interventions for youth at risk</u>	<u>Supporting surviving family members</u>
	Schools	<u>School-based mental health promotion</u>	<u>Screening</u> <u>School gatekeeper training</u>	<u>School based interventions for youth at risk</u>	<u>School-based suicide response protocols</u>
	Communities	<u>Changing social norms</u> <u>Cultural revitalization and community self-determination for First Nations</u>	<u>Education for physicians and hospital emergency room staff</u> <u>Community gatekeeper training</u>	<u>Continuity of care</u> <u>Means restriction</u>	<u>Community-based suicide response protocols</u> <u>Media education</u>
Organizational & System Level Interventions	<u>Professional development</u>	<u>Planning & service coordination</u>	<u>Mobilizing local knowledge & coalition-building</u>	<u>Policies and protocols</u>	<u>Research & evaluation</u>
Sociopolitical Interventions		<u>Social Justice Promotion</u>	<u>Advocacy & Activism</u>	<u>De-Colonization Practices</u>	