

Information & Resources for Suicide & Crisis Intervention

Crisis Intervention & Suicide Prevention Centre of British Columbia (Canada)

<https://crisiscentre.bc.ca>

24 Hour Crisis Help Anywhere in BC: 1-800-SUICIDE or 1-800-784-2433

Vancouver: 604-872-3311

Sunshine Coast/Sea to Sky: 1-866-661-3311

Mental Health Support Line: 604-872-1234

Seniors Direct Line: 604-872-1234

On-Line Chat Service for Youth: www.YouthInBC.com (noon – 1 AM)

Online Chat Service for Adults: www.CrisisCentreChat.ca (noon – 1 AM)

Canadian Association for Suicide Prevention/Association canadienne pour la prevention du suicide (CASP/ACPS) Winnipeg, Manitoba, Canada

Telephone: (204) 784-4073

www.suicideprevention.ca

International Association for Suicide Prevention (IASP)

Email: membership@iasp.info

<https://www.iasp.info/>

To find a crisis centre in your area of the World, please visit the link below and select your continent and/or region

www.iasp.info/resources/Crisis_Centres/

