

Campus Smoking Policy Options: contribution to community well-being?

Canadian Institute for Substance Use Research

Mar. 8, 2019

HM|HC Summit 2019

Deep-dive workshop session

**HEALTHY
MINDS**

**HEALTHY
CAMPUSES**

creating connections. inspiring change.

Tim Dyck, Research Associate, CISUR

Campus smoking policy options: session learning objectives

- ❖ **Further consideration of the goals of such policies**
- ❖ **Further attentiveness to their potential impact and appropriateness**
- ❖ **Further reflection on the challenges of implementing them**

Campus smoking policy options: starting points

What kind of climate do we want in our campus community around smoking (tobacco & cannabis)?

Campus smoking policies: starting points

What kind of climate do we want in our campus community around smoking (tobacco & cannabis)?

How well does that climate and rationale for it reflect the educational vision and values of our institution?

Campus smoking policies: starting points

What role and place do we see policy having toward a campus climate congruent with our vision and values?

What sort of policy process in regard to smoking would align with our vision and values and why and how?

Campus smoking policies: broad options

Spectrum of approaches to regulation of outdoor smoking on campus

Smoking permitted in outdoor contexts; no special formal restrictions

Smoking permitted except in near proximity to buildings and in certain places of congestion

Smoking permitted only in designated smoking areas

Smoking not permitted on campus property (or at events off it?)

[Smoke-free campus policy]

Campus smoking policies: broad options

Spectrum of approaches to regulation of outdoor smoking on campus

Smoking permitted
in outdoor contexts;
no special
restrictions

Smoking permitted
except in near
proximity to
buildings and in
certain places of
congestion

Smoking permitted
only in designated
smoking areas

Smoking not
permitted on
campus property

[Smoke-free
campus policy]

Minimal social control
Maximal social responsibility

Maximal social control
Minimal social responsibility

Smoke-free campus

What are the attractions of this option?

What are its goals; how do they align...?

What are the bases for it; how solid are those?

What are its drawbacks, liabilities?

How well (or not) does it serve the community?

What issues does it face in gaining adherence?

Smoke-free campus

Intended more direct impact of campus smoke-free policy on

Campus non-smokers	Campus smokers	Campus grounds
No 2ndhand exposure to toxic chemicals from smoke	1sthand exposure less if inconvenience prompts some to defer (if not even desist)	No exposure to contaminating effect of toxic seepage from discarded residue

Intended more indirect impact of campus smoke-free policy on

Campus non-smokers	Campus smokers	Campus “grounds”
No visual exposure to smoking behaviour that needs to be regarded as unacceptable	1sthd exposure ended if denormalization prompts some to desist from smoking as improper	No exposure to the sullyng effect of litter tied up with a smoking behaviour that needs to be seen as ugly

Smoke-free campus

Cited bases for benefit of campus smoke-free policy to

Campus non-smokers	Campus smokers	Campus grounds
No established safe level of exposure to environmental smoke; sighting also adverse	Proven effectiveness in other contexts in prompting cessation	Maximal and least expensive means of protection from pollution and ugliness

Challenges on benefit of campus smoke-free policy for

Campus non-smokers	Campus smokers	Campus “grounds”
Evidence for (i) risk beyond sustained exposure in close proximity? (ii) harm in seeing others smoke?	How legitimate is a punitive measure that removes people from campus? Negative impacts of isolation?	Validity and utility of treating smokers as litterers versus effort to build collective ecological responsibility?

Designated smoking areas

Pros and cons in relation to vision, values, etc.?

What responsibilities are there in

- * locating, designing,**
- * promoting,**
- * maintaining these areas?**

Designated non-smoking areas

Pros and cons in relation to vision, values, etc.?

What responsibilities are there in determining, designating, managing these areas?

How best does a campus encourage adherence?

No formal outdoor restrictions

Pros and cons in relation to vision, values, etc.?

How best does a campus

- * encourage and foster mutual respect here?**
- * ensure protection of non-smokers' rights?**

The aspiration?

“In the end, the field of public health needs to engage the public directly in building consensus on what we owe each other in creating a society in which all citizens feel supported in living decent lives characterized by dignity, integrity, and mutual responsibility.”

David R. Buchanan

Contact info

Tim Dyck

Canadian Institute for Substance Use Research

University of Victoria

cisur.ca

tdyck@uvic.ca | 604-408-7753, ext. 2230

909 - 510 Burrard St., Vancouver, BC V6C 3A8