

NORTH ISLAND COLLEGE



WELCOME

Ḳuumaʔateʔicuu

Nuu-chah-nulth

Gilakas'la

Kwak'wala

Ḡəlakasla

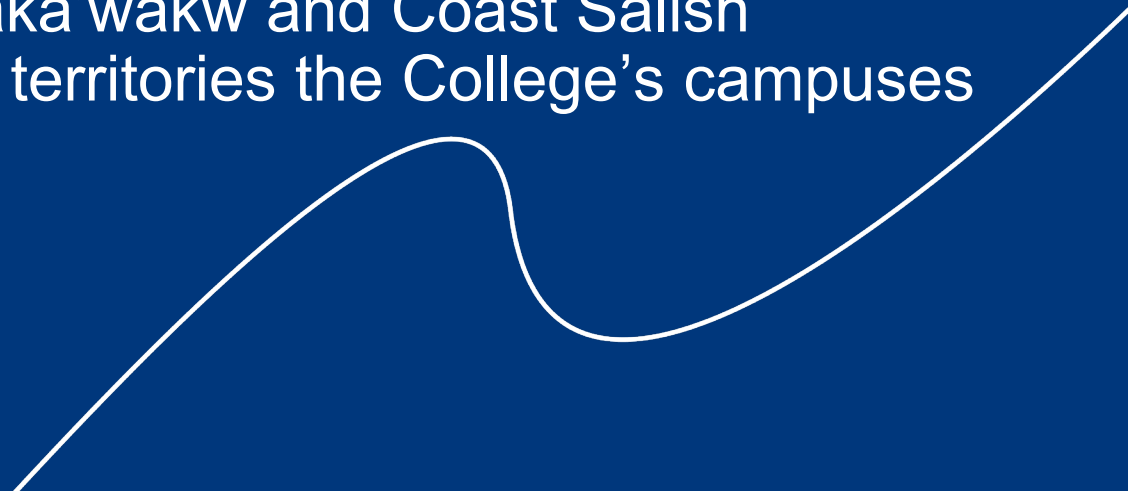
Liq'wala

čečəhaθeč

Island Comox

The above words mean 'welcome' in the four languages of the Nuu-chah-nulth, Kwakwaka'wakw, Liḡ^wɪḏax^w, and Coast Salish peoples.

We are honoured to acknowledge the traditional territories of the combined 35 First Nations of the Nuu-chah-nulth, Kwakwaka'wakw and Coast Salish traditions, on whose traditional and unceded territories the College's campuses are situated.





CARE-ing at North Island College

Activation of the Okanagan Charter through
Community Empowerment

March 1, 2023

Student Life Team

Meesbah Jiwaji
Associate Director,
Student Life



Rachel Birch
Student Life & Outreach
Liaison



Lela Kulesh
Student Life Organizer



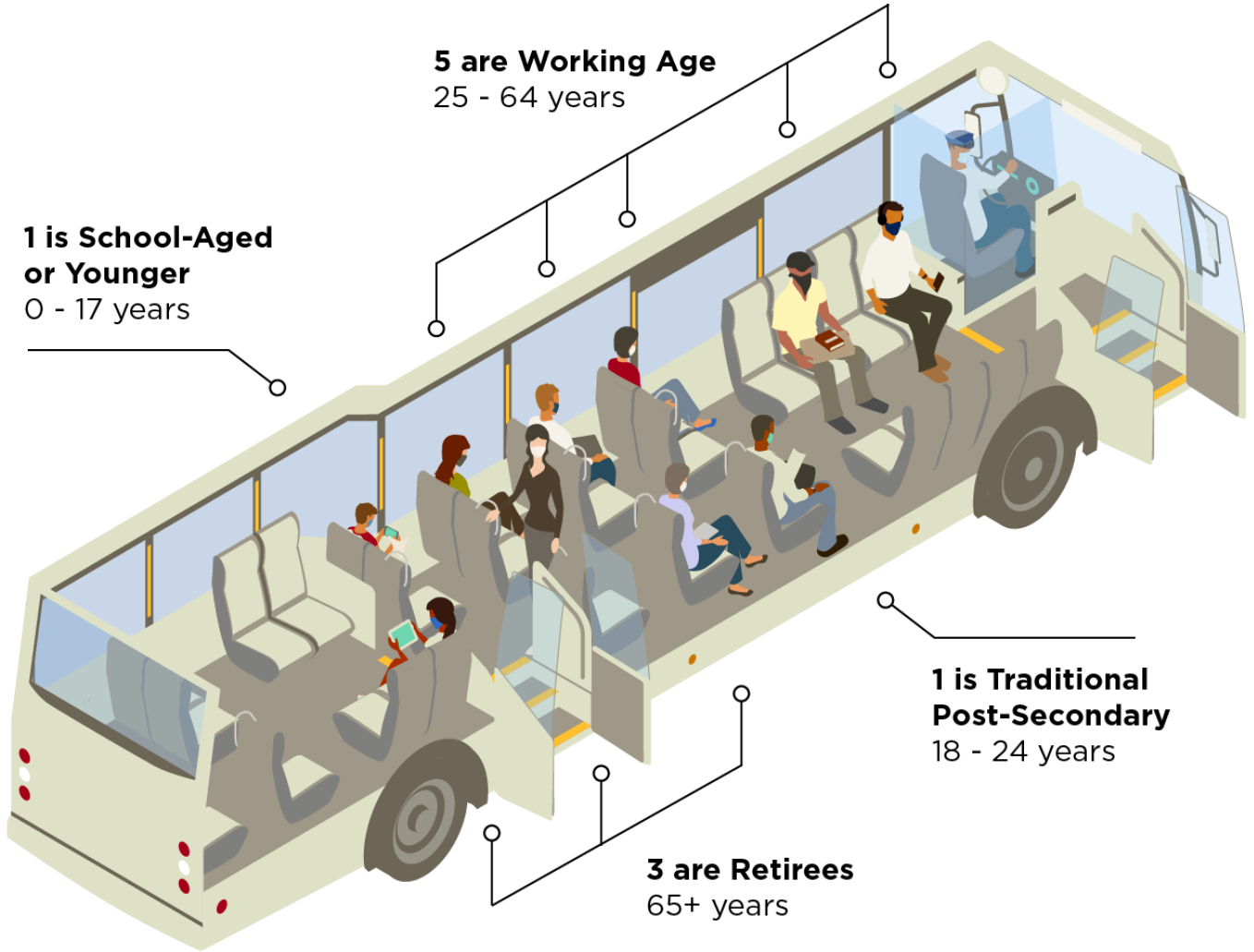


NORTH ISLAND COLLEGE
 **NIC**
 INDIGENOUS EDUCATION

This map has been created with the approval of the Indigenous Education Council to North Island College

NIC CATCHMENT REGION

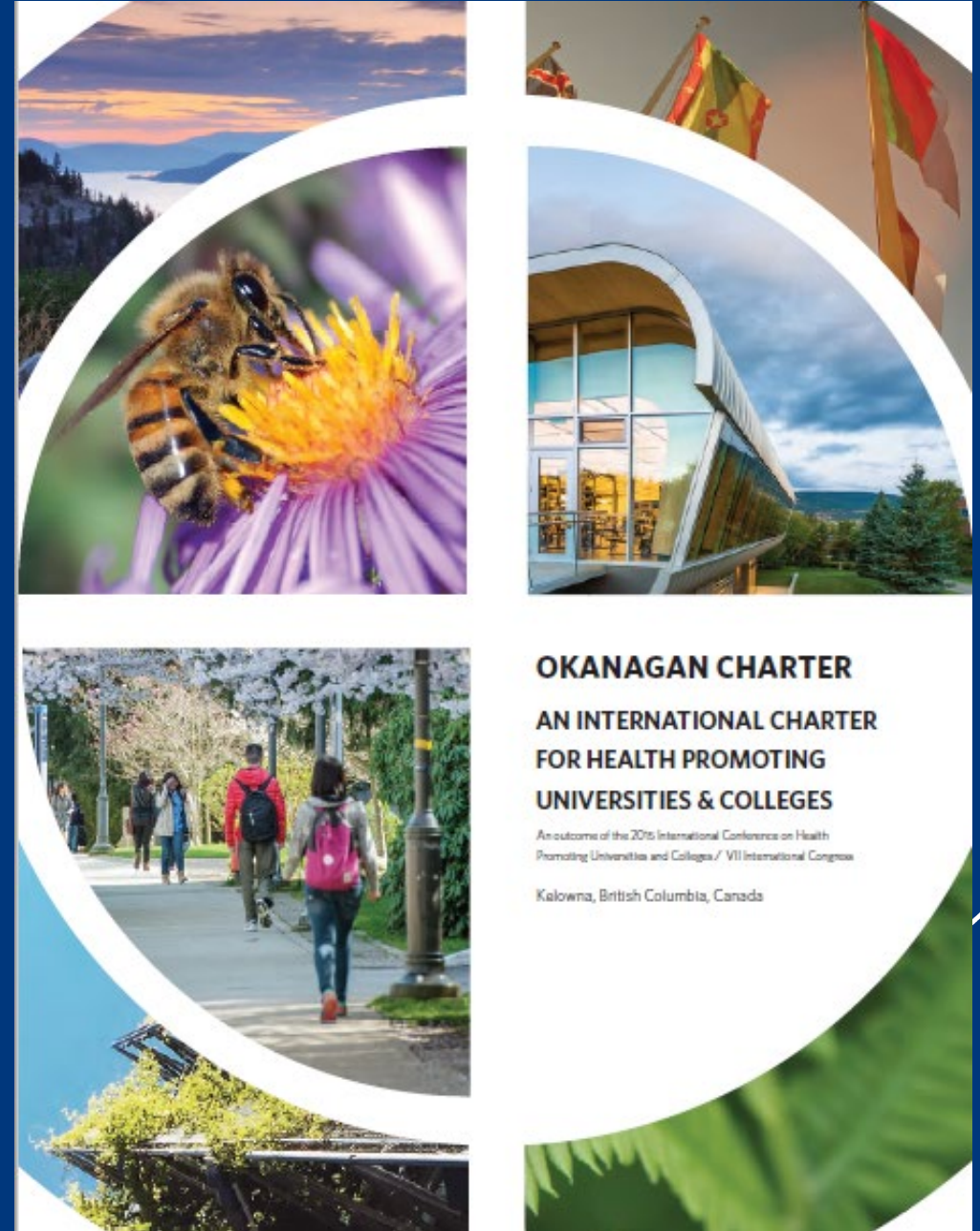
Population age demographics represented as 10 individuals.



Okanagan Charter Call to Action 1

Embed health into all aspects of campus culture, across the administration, operations and academic mandates.

- 1.2: Create supportive campus environments
- 1.3: Generate thriving communities and a culture of well-being
- 1.4: Support personal development
- 1.5: Create or re-orient campus services



How Does Student Life Do This?

- Ensuring comprehensive and campus-wide approaches
- Using participatory approaches and engaging the voices of students and others
- Developing trans-disciplinary collaborations and cross-sector partnerships



Guiding Principles

- Care and Compassion
- Education
- Engagement and Social connection
- Diversity, Equity and Inclusion
- Resilience and Capacity-building



THE CARE² PLAN

Student Mental Health
and Well-Being at NIC

Care Compassion Agency Accessibility Resilience Responsibility Engagement Equity

NORTH ISLAND COLLEGE

2021 - 2026

Key Student Life Values

- Collaboration
- Active Listening
- Empowerment



CARE2 Grants

The CARE2 Grants invite applications from NIC employees and prioritize funding for projects that will improve the health and well-being of members of our college community.

- NIC Walks
- CARTI-led NIC Staff Trivia Event
- Student artwork display in Library & Learning Commons



Student Leadership Projects

Student Leadership Projects are a partnership between students in Health & Human Services and the Student Life Department. These student-led projects deliver output that is relevant and responsive to the community.



Thrive:
Tips and tricks to master your mental wellness!

Student Benefits Guide
CREATED FOR STUDENTS
BY STUDENTS
(A COLLABORATIVE PROJECT BY PN STUDENTS)

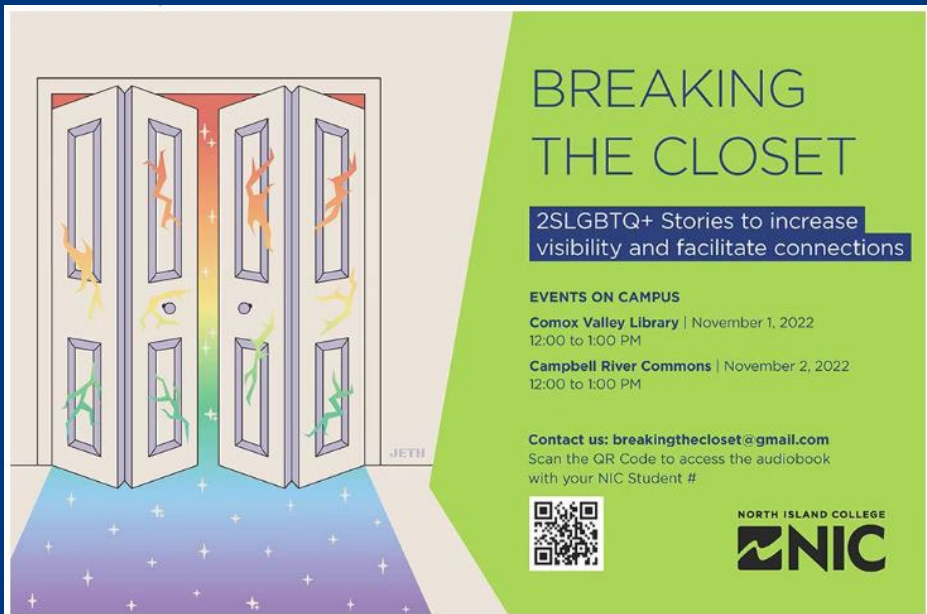
NISU
NORTH ISLAND
STUDENTS' UNION

gsc
green shield canada

ALL FULL TIME STUDENTS ARE AUTOMATICALLY ENROLLED IN THIS PROGRAM (9+ CREDITS)

Community Resources for Student Postpartum Parents

Find supports to help you thrive as a student and as a new parent.



BREAKING THE CLOSET

2SLGBTQ+ Stories to increase visibility and facilitate connections

EVENTS ON CAMPUS

Comox Valley Library | November 1, 2022
12:00 to 1:00 PM

Campbell River Commons | November 2, 2022
12:00 to 1:00 PM

Contact us: breakingthecloset@gmail.com
Scan the QR Code to access the audiobook with your NIC Student #

NORTH ISLAND COLLEGE
NIC



Early Assist



Need help?
Contact
Early Assist

Early Assist connects students who need access to supports with campus and community resources
earlyassist@nic.bc.ca



The Early Assist program at NIC provides a one-stop shop for information about campus and community resources. This confidential and personalized service encourages help seeking behaviour, and empowers students to enhance their academic and mental well-being.



Get Connected
Get Supported
Get Involved

Email: studentlife@nic.bc.ca

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