


**HEALTHY
MINDS**

**HEALTHY
CAMPUSES**

creating connections. inspiring change.

A short summary

HM|HC Summit 2023



Healthy Minds | Healthy Campuses Support Team members are located in their agency workplaces and personal residences within unceded, ancestral territories of First Nations peoples whose historical relationships with these lands continue to this day. It is a privilege to live, work and play on these lands.

Origins and continuing connections



Canadian Institute for
Substance Use Research



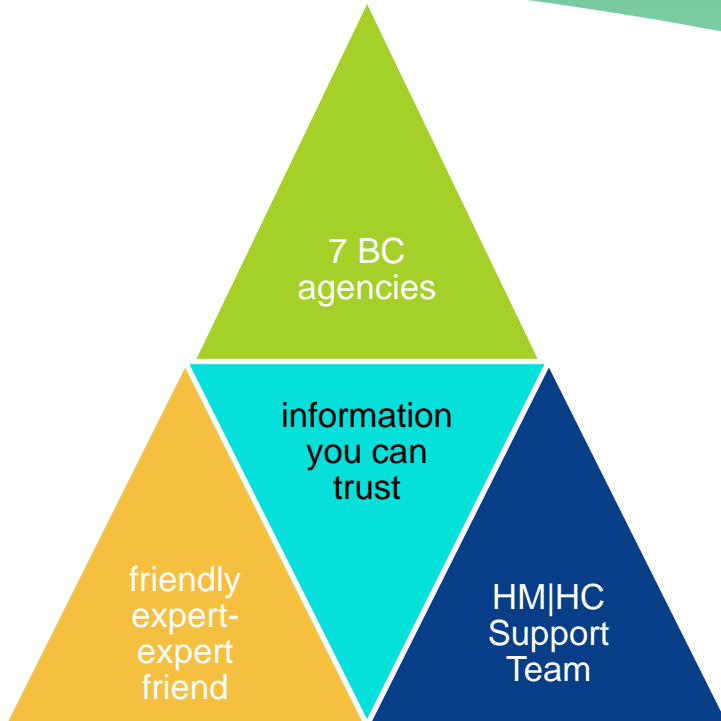
jessie's legacy
EATING DISORDERS PREVENTION + AWARENESS
A Family Services of the North Shore program



funding provided by



Origins and continuing connections



heretohelp

Mental health and substance use
information you can trust

Focus and approach

learning
community
of practice

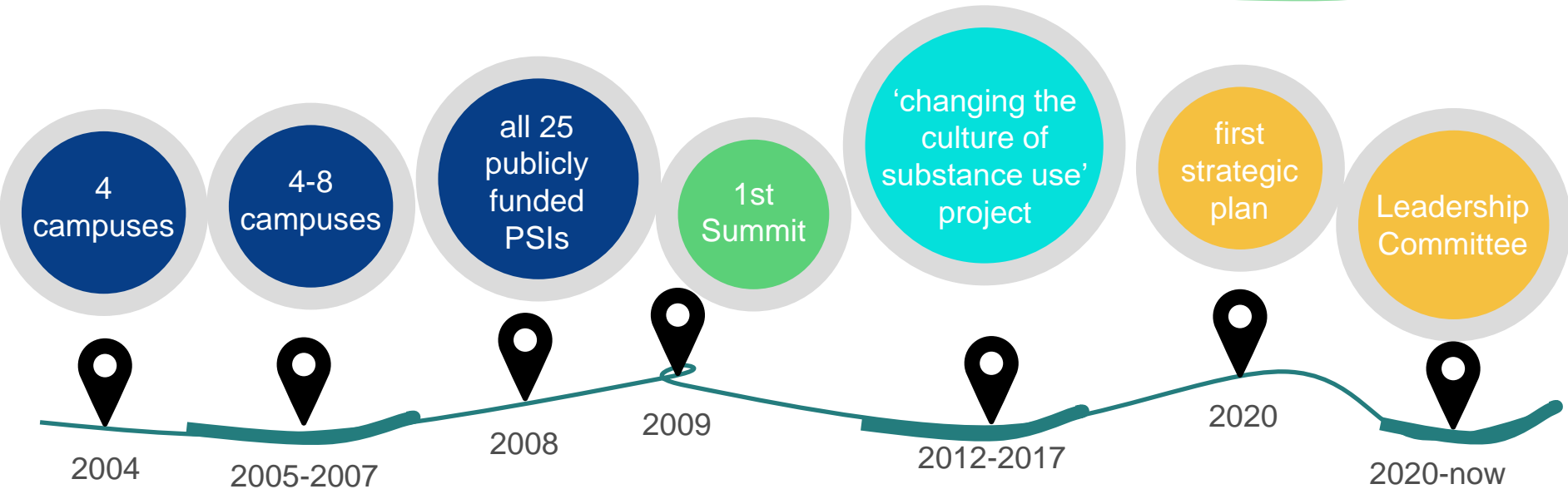
health promotion approach

- socio-ecological
- culture-attentive
- phenomenological
- dialogic

leading to...

- e.g., endorsement and activation of Okanagan Charter

Emergence and expansion



Learning and practice mechanisms

- * Summits
- * Webinars
- * Website resources
- * Consultations, meetings, retreats, regional forums
- * Grants
- * Collaborative intra- and intercampus initiatives



Community of practice members

From all parts of the campus community

- * Services staff
- * Students
- * Faculty
- * Administration







HM|HC Support Team

Co-Leads: Mahboubeh Asgari (CMHA),
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